

# Teen Driving Skills & Log



Akron  
Children's  
Hospital



## Driving Skills to Practice

Practice with your teen to make sure they can complete the following tasks.

### Vehicle Pre-checks

- |                                             |                                           |                                                |
|---------------------------------------------|-------------------------------------------|------------------------------------------------|
| <input type="checkbox"/> Seat adjustment    | <input type="checkbox"/> Washer fluid     | <input type="checkbox"/> Air conditioner       |
| <input type="checkbox"/> Mirror adjustments | <input type="checkbox"/> Turn signals     | <input type="checkbox"/> Fan controls          |
| <input type="checkbox"/> Lights             | <input type="checkbox"/> Gear selector    | <input type="checkbox"/> Radio controls        |
| <input type="checkbox"/> Windshield wipers  | <input type="checkbox"/> Heater/defroster | <input type="checkbox"/> Hand position (9 & 3) |
|                                             |                                           | <input type="checkbox"/> Tire pressure         |

### On - Street

- |                                                                                                               |                                                                                                                                                   |
|---------------------------------------------------------------------------------------------------------------|---------------------------------------------------------------------------------------------------------------------------------------------------|
| <input type="checkbox"/> Pulling out/Backing out of the driveway                                              | <input type="checkbox"/> <b>One-way streets</b>                                                                                                   |
| <input type="checkbox"/> Pulling into/Backing into the driveway                                               | <input type="checkbox"/> Downtown Akron                                                                                                           |
| <input type="checkbox"/> Pulling into/Backing into parking spaces                                             | <input type="checkbox"/> Merging onto the highway                                                                                                 |
| <input type="checkbox"/> Pulling out/Backing out of parking spaces                                            | <input type="checkbox"/> Exiting the highway                                                                                                      |
| <input type="checkbox"/> Steering                                                                             | <input type="checkbox"/> Trip planning/mapping their route<br>(without the GPS)                                                                   |
| <input type="checkbox"/> Right & left turns                                                                   | <input type="checkbox"/> <b>Navigating roundabouts and traffic circles</b>                                                                        |
| <input type="checkbox"/> Complete stops at intersections                                                      | <input type="checkbox"/> Practice on simple roundabouts                                                                                           |
| <input type="checkbox"/> Right of way rules at intersections                                                  | <input type="checkbox"/> Ridgewood and Jacoby in Copley                                                                                           |
| <input type="checkbox"/> Use of turn signals                                                                  | <input type="checkbox"/> Massillon and Steese in Green                                                                                            |
| <input type="checkbox"/> Lane position                                                                        | <input type="checkbox"/> Merriman Valley and Smith in Akron                                                                                       |
| <input type="checkbox"/> Curves                                                                               | <input type="checkbox"/> Simple neighborhood roundabouts                                                                                          |
| <input type="checkbox"/> Speed control                                                                        | <input type="checkbox"/> Practice more difficult roundabouts such as<br>Tallmadge Circle in light and heavy traffic                               |
| <input type="checkbox"/> Vision                                                                               |                                                                                                                                                   |
| <input type="checkbox"/> Lane changes                                                                         |                                                                                                                                                   |
| <input type="checkbox"/> <b>Driving in inclement weather,<br/>low visibility and poor road<br/>conditions</b> | <input type="checkbox"/> Stopping at intersections — behind crosswalks and/or at stop lines                                                       |
| <input type="checkbox"/> Light rain                                                                           | <input type="checkbox"/> Knowing what to do if you drift off the roadway to the right — How to not overcorrect                                    |
| <input type="checkbox"/> Heavy rain                                                                           | <input type="checkbox"/> How to safely make right turns on red                                                                                    |
| <input type="checkbox"/> Fog                                                                                  | <input type="checkbox"/> <b>Maintaining an assured clear distance ahead/not tailgating</b>                                                        |
| <input type="checkbox"/> Snow                                                                                 | <input type="checkbox"/> 1 car length for every 10mph                                                                                             |
| <input type="checkbox"/> <b>Driving at night</b>                                                              | <input type="checkbox"/> Stopping for school buses                                                                                                |
| <input type="checkbox"/> Highways                                                                             | <input type="checkbox"/> <a href="http://www.copley.oh.us/382/Ohio-School-Bus-Traffic-Laws">www.copley.oh.us/382/Ohio-School-Bus-Traffic-Laws</a> |
| <input type="checkbox"/> Residential areas                                                                    | <input type="checkbox"/> Slow down/move over for emergency vehicles on the berm                                                                   |
| <input type="checkbox"/> Rural roads without lighting                                                         | <input type="checkbox"/> Being able to manipulate controls (headlights, wipers, defroster, etc.) while moving                                     |
| <input type="checkbox"/> Parallel parking                                                                     | <input type="checkbox"/> Making sure that they scan the roadway rather than staring straight ahead                                                |
|                                                                                                               | <input type="checkbox"/> Driving the speed limit and/or the speed appropriate for conditions                                                      |

## Drive in Different Environments

- |                                        |                                             |                                      |
|----------------------------------------|---------------------------------------------|--------------------------------------|
| <input type="checkbox"/> Parking lots  | <input type="checkbox"/> Business districts | <input type="checkbox"/> Rural areas |
| <input type="checkbox"/> Neighborhoods | <input type="checkbox"/> Highways           |                                      |

### Tips to Minimize Distractions

Cell phones placed into driving mode.

#### iPhone & Android

- See [www.SafeMobilityProject.com/DrivingMode](http://www.SafeMobilityProject.com/DrivingMode) for instructions.

### Tips to make sure your teen gets enough practice

#### 1. Make it a reoccurring event.

Make driving during routine trips common practice.

#### 2. Share the practice time with other licensed drivers.

Allow your partner to practice driving with your teen. It is not just one person's job.

#### 3. Allow them to drive.

Having teens drive all the time will help to grow their skills and confidence as a young driver.

Visit [www.SafeMobilityProject.com](http://www.SafeMobilityProject.com)

